

PARENT GUIDE SERIES

Reading Fluency at Home

Paired reading, echo reading, and fun performance ideas



For Parents & Caregivers

Dr. Chase Young · LiTerrific Reading
lfcreading.com · thebestclass.org

What Is Fluency?

Fluency is the ability to read accurately, at a natural pace, and with expression. When reading is fluent, your child's brain can focus on meaning rather than struggling with each word. Fluency develops through supported practice — hearing what fluent reading sounds like and getting help with tricky parts.

Methods You Can Use Tonight

Echo Reading

You read a sentence with expression. Your child reads it back, matching your pace and expression. Think of it like call-and-response.

Read Together (Choral Reading)

Read the same text aloud at the same time. Your child can lean on your voice for support with tricky words. It feels less scary than reading alone.

Paired Reading (Neurological Impress)

Sit beside your child. Read aloud together from the same text, with you slightly ahead. After a page, let them try solo. Continue for about 20 minutes.

Record & Listen

Record your child reading a passage. Play it back together. Record a second time and compare — kids love hearing their own improvement.

Give Them a Reason to Re-Read

- Read a funny poem aloud to a grandparent on the phone
- Practice a joke book entry to perform at dinner
- Rehearse a passage to read to a younger sibling
- Record a 'podcast episode' about an interesting topic
- Practice reading a recipe, then make the food together

What to Look For

Sign	What It Means
Word-by-word reading	Still decoding. Focus on easier texts and echo reading.
Reads fast but flat	Speed is there but expression is missing. Model expressive reading.
Stumbles on longer words	Word recognition developing. Help break words into parts.
Sounds like natural talking	Fluent at this level. Time for more challenging text!